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# Epidemiology, Suicidality and co-morbidities of Gender Dysphoria, New International Findings

**Kristopher E Kaliebe, MD**, Psychiatry, University of South Florida, Tampa, FL and **Colleen A Kraft, MBA, MD**, General Pediatrics, Children's Hospital Los Angeles, Los Angeles, CA

**Chair: Kristopher E Kaliebe, MD**

**Discussant: Colleen A Kraft, MBA, MD**

Suicidality and suicide in adolescents experiencing gender dysphoria **Michael Biggs, PhD**, Sociology, University of Oxford, Oxford, United Kingdom

Hormone treatment in children with gender dysphoria: A systematic review and recommendations for research **Mikael Landén, MD**, Institute of Neuroscience and Physiology, University of Gothenburg, Gothenburg, Sweden

Gender dysphoria in adolescence: attention on psychiatric needs is warranted **Riittakerttu Kaltiala, PhD**, Faculty of Medicine and Health Technology, Tampere University, Tampere University, Finland

**ID:**  
30547

**Submitted by:**

████████████████████

**Category:**  
Sexuality and Gender

**Was any of the content of this proposal written or edited by anyone other than those individuals listed as an author on this submission?**

No

**Has this presentation been presented before?:**

No

**Submitter is a trainee?:**

No

**Submitter is international?:**

No

**Are you using active engagement techniques in your proposed program?**

No

**Learning Objectives:**

- Attendees will learn research examining suicidality in patients with gender dysphoria.
- Attendees will learn research describing long term outcomes of hormone treatment in gender dysphoria.
- Attendees will learn research detailing patterns of comorbidities in gender dysphoria.
- Attendees will have opportunities to consider and discuss the clinical implications of new research regarding gender dysphoria.

**Keywords:**

Epidemiology, Identity/identity disorder, Sexuality/Gender

## Proceedings Abstract:

### Objectives

This research Symposium aims to better characterize the presentation, treatment response and long-term outcomes of youth with gender dysphoria and those who identify as transgender. Attendees will learn of data regarding co-morbidities, hormone therapy outcomes and suicidal behavior in transgender and gender dysphoric youth. Attendees will be actively involved in discussion of how clinicians should respond in light of evolving data regarding gender dysphoria.

### Methods

The first presenter (20 minutes) will provide an examination of a research review which details the available data regarding suicidality in transgender and gender dysphoria youth. The second presenter (20 minutes) will describe a systematic review of studies of hormone therapy in children with gender dysphoria. The third presenter (20 minutes) will examine the co-morbid psychopathology found via a retrospective chart review of 84 adolescents seen in a nationally centralized gender identity unit in Finland.

A discussant will ask questions regarding the research and synthesize its implications for clinical work. A question and answer session with the attendees will follow.

## Results

Children experiencing gender dysphoria are much more prone to suicidal ideation and to suicide than their peers. The reason for this is unclear and nor is it clear what effect puberty suppression or cross-sex hormones have on suicidality and suicide.

A review of hormone treatment research revealed the long-term effects of hormone therapy on psychosocial health could not be confidently assessed due to low quality of the available studies.

The retrospective chart review showed large preponderance of natal females in the gender referred sample, and 35% had used mental health services as children and 82% as adolescents. The gender referred group showed increased suicidality along with other characteristics similar to the comparison of mental health referred youth.

## Conclusions

The data presented will be used to prompt thought and discussion regarding the evolving care of youth who present with gender dysphoria. Critical gaps in knowledge limit firm statements about best practice in gender medicine.

### ***Abstract id# 44710***

Suicidality and suicide in adolescents experiencing gender dysphoria

**Michael Biggs, PhD**, Sociology, University of Oxford, Oxford, United Kingdom

### ***Abstract id# 44768***

Hormone treatment in children with gender dysphoria: A systematic review and recommendations for research

**Mikael Landén, MD**, Institute of Neuroscience and Physiology, University of Gothenburg, Gothenburg, Sweden

### ***Abstract id# 44772***

Gender dysphoria in adolescence: attention on psychiatric needs is warranted

**Riittakerttu Kaltiala, PhD**, Faculty of Medicine and Health Technology, Tampere University, Tampere University, Finland

## Chair

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Kristopher E Kaliebe, MD

**Email:** kkaliebe@health.usf.edu -- Will not be published

**Alternate Email:** [REDACTED] -- Will not be published

University of South Florida

Psychiatry

3515 E. Fletcher Ave. MDC 14

Tampa FL 33613

USA

**I have a real or potential conflict of interest.** No

Signed on 02/10/2023 by *kristopher kaliebe*

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#### Discussant

Colleen A Kraft, MBA, MD

**Email:** ckraft@chla.usc.edu -- Will not be published

**Alternate Email:** colleenkraft60@gmail.com -- Will not be published

Children's Hospital Los Angeles

General Pediatrics

4650 Sunset Blvd, MS #76

Los Angeles CA 90027

USA

**I have a real or potential conflict of interest.** Yes

Name of business, organization or individual	Nature of Conflict
Cognoa	Consultant
DotCom Therapy	Stock or Equity
Mattel	Advisory Board
Happiest Baby, Inc.	Consultant

Signed on 02/15/2023 by *Colleen A Kraft*

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