

GARY DAVIS, DC, MUAC
CHIROPRACTOR

[REDACTED]
FALLS CHURCH, VA 22044

[REDACTED]
PWCMC.COM

Purpose: Letter of Necessity for flight and ergonomic seating

For: John Beale

Diagnosis Codes: 722.91, 722.4, 722.10, and 722.52

To Whom It May Concern:

Please allow this letter to serve as written notification for first class travel with lumbar support/chair. The above patient has been diagnosed with a chronic spinal condition in both the cervical and lumbar spine. Due to the likelihood of frequent flare-ups of these conditions, it is highly recommended that while traveling greater than two hours, proper ergonomic seating be required to minimize future exacerbations. Proper ergonomic recommendations include sitting with lumbar support and recline the seat when possible (increase in backrest inclination and lumbar support are associated with decrease disc pressure and pain). It is also recommended that moving around within the seat or getting out of the seat occasionally. Please understand that straight back chairs with minimal inclination do not give the proper support to the spinal column and tend to increase the internal disc pressure and ligament tension causing pain. Please call my office if you have any questions.

Sincerely,



Gary Davis, DC, MUAC